Putting Ergonomics Into Practice

The OSU Ergonomics Short Course

October 6th - 9th 2015
Columbus, Ohio

Conducted by:
Institute for Ergonomics
The Ohio State University

Increase Your Ergonomics Knowledge

- Important principles, taught through lectures, case studies, in-class demonstrations, and hands-on exercises.
- The biomechanical and physiological bases of musculoskeletal disorders.
- Assessment tools to objectively evaluate work processes.

Improve Work Operations

- Reduce expensive and debilitating occupational injuries.
- Boost safety and efficiency, through enhanced designs of work environments, assembly lines, and tools & equipment.
- Increase productivity and quality, your company’s profitability, and employee job satisfaction.

See Why Your Colleagues Choose this Course

- Concepts are taught in a systematic way, to first provide participants with a solid ergonomics foundation and then show how these concepts apply across various types of work.
- Materials are continually updated with recently published ergonomics research, newly developed assessment tools, and useful electronic resources.
- Nationally recognized ergonomists are your instructors, who have advanced academic degrees and professional ergonomics certification, as well as decades of applied ergonomics consulting experience.

This course has been recommended to many E&S Coordinators in the company I work for and will continue to be.

Mac Converse, Swagelok

Register online, at http://ergonomics.osu.edu

Earn 2.4 CEU credits

The Ohio State University Office of Extended Education offers OSU CEUs based upon industry standard calculations for Continuing Education Units.

This course is especially useful for:

- Safety & health professionals
- Healthcare workers
- Engineers
- Managers and supervisors
- Union representatives
- Risk and loss control specialists
- HR and workers’ compensation personnel
Location and Times

The course will be held at the Ohio Union on OSU’s main campus in Columbus. It will begin at 8:30 AM on Tuesday, October 6th and end at 12:00 PM on Friday, October 9th.

Hotel Accommodations

Several nearby hotels provide free shuttle service to the course, including:

- **The Blackwell** (OSU’s on-campus hotel) (www.theblackwell.com or 614-247-4000)
  - Average rating from past attendees: 9.4 / 10

- **Hilton Garden Inn** (www.columbusuniversityarea.hgi.com or 614-263-7200)
  - Average rating from past attendees: 8.2 / 10

- **Holiday Inn Express & Suites** (www.stayholidayosu.com or 614-447-1212)
  - Average rating from past attendees: 7.7 / 10

- **Hampton Inn & Suites/University** (hamptoninn3.hilton.com or 614-268-8700)
  - Average rating from past attendees: 7.5 / 10

Scheduled Course Topics

- Workplace Biomechanics
- Addressing Body Size Differences Among Employees
- Ergonomics Assessment Tools to Improve Workplace Design
- Solving Low Back, Shoulder, and Hand & Wrist Problems
- Returning Injured Employees to Work
- Determining Return-on-Investment from Ergonomics Interventions
- Developing a Successful Ergonomics Process

Additional Course Activities

- Tour Ohio State’s Spine Research Institute / Biodynamics Laboratory and the Center for Occupational Health in Automotive Manufacturing (COHAM)
- Use state-of-the-art ergonomics equipment and assistive devices

Cost

The registration fee for *Putting Ergonomics into Practice* is $1,495 per person. This includes a comprehensive Course notebook and CD of ergonomics tools and reference materials, a copy of *The Occupational Ergonomics Handbook*, 2nd edition (a 2,000 page reference manual and $275 value), and break refreshments.

To register and pay by check, complete the attached form and return it to the address listed. Or, sign up at http://ergonomics.osu.edu. Payment must be received before the course begins.

Discounts: A $50 discount is given to all individual registrations received by September 4th, 2015. Groups who register three or more persons from the same organization at any time also receive the discounted rate of $1,445 per person.

Cancellation Policy: Registration substitutions may be made at any time; please notify us as soon as possible if this is required. A service fee of 15% is charged if cancellation occurs more than one week prior to the course. Participants who cancel less than one week prior to the course or who do not attend after registering are liable for the entire fee.

Registration Form

Note: For credit card payments, register online, at http://ergonomics.osu.edu

☐ Sign me up for the Autumn 2015 Course (October 6th - 9th)

Name: ___________________________

Job Title: _________________________

Company: _________________________

Address: ___________________________________________________________________

City: _____________________________

State: __________ Zip: ____________

Phone: ___________________________

Email: ___________________________

How did you find out about the course?

_____________________________________________________________________________

Return registration form and payment to:
Institute for Ergonomics, The Ohio State University
1971 Neil Ave., 210 Baker Systems
Columbus, OH 43210
Fax: 614-292-7852
Email: ergonomics@osu.edu

Make checks payable to:
Institute for Ergonomics, The Ohio State University

Questions about the Course?
Contact: Dr. Gary Allread (614-292-4565 or allread.1@osu.edu)