



## OSHA 2255

# Using Principles of Ergonomics to Control Work-Related Musculoskeletal Disorders

This course covers the use of ergonomics principles to recognize, evaluate, and control workplace conditions that cause or contribute to musculoskeletal and nerve disorders.

Topics include: physical ergonomics; how musculoskeletal disorders develop; workplace factors; workplace design; identifying risk factors; and ergonomic controls for specific industries.

Course highlights include: industrial case studies; analysis and design of workstations and equipment; hands-on sessions on manual lifting; and coverage of current OSHA compliance policies.

**Course Dates:** December 11<sup>th</sup> - 13<sup>th</sup>, 2018

**Course Times:** 8:00 am - 5:00 pm (11<sup>th</sup>, 12<sup>th</sup>)  
8:00 am - 12:00 pm (13<sup>th</sup>)

**Location:** The Ohio State University  
Center for Occupational Health in  
Automobile Manufacturing (COHAM)  
1314 Kinnear Rd  
Columbus, Ohio

**Cost: \$725**

**Credit Awarded:** 1.9 OSHA CEUs

### Registration Information

**Online:** [www.midamericaosha.org](http://www.midamericaosha.org)  
**Email:** [coordinator@midamericaosha.org](mailto:coordinator@midamericaosha.org)  
**Phone:** 866-444-4412  
**Fax:** 937-704-9394

